



# MIAMI TLSO™

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## Patient Guide 456

# Miami TLSO™

## Fitting Instruction 456

The Miami TLSO combines anatomical shape, maximum breathability and customized support. Superior immobilization is provided in an easy to use spinal brace.

The Miami TLSO should be applied according to the instructions from the supplying clinician. This fitting guide serves as a reminder to complement their instructions.

Before reapplying the brace and to ensure a proper fit, be sure the compression system is stretched to its full width by pulling the ends of the belt apart.

1. While standing in your most upright position, put the Miami TLSO 456 on like a vest or backpack.
2. The blue back panel should be centered on the spine, with the bottom just below your hip bones.
3. Closing the belt by using the quick-fit pocket. Ensure that the closures line up against each other and do not overlap.
4. Slide your thumbs through the blue holes in the pulley system handles, and pull outward until the brace is at the appropriate tightness.

**Caution:** Do not over-tighten the compression system to the point where it causes discomfort or difficulty breathing.

5. Place the pulley system handles on the front of the belt
6. Close the strap chest buckle.

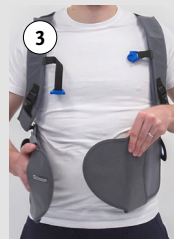
## Removing the Miami TLSO™

1. Detach chest strap buckle
2. Detach compression system handles and loosen. Affix them onto the belt after loosening.
3. Detach the overlap closure and remove brace.

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## Care Instructions

The Miami TLSO brace is designed for minimum maintenance and care.

- The padded covers may be removed from the rigid panel for washing.
- Hand washed in warm water (30°C) with mild detergent and rinse thoroughly.
- Air dry flat.
- Do not machine wash.
- Do not tumble dry.



View the online patient fitting video at [www.ossur.com/miami-tlso-456](http://www.ossur.com/miami-tlso-456)



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